

About This Guide

The *Parents Guide to Transition Planning* is intended to assist parents and families prepare for changes that occur when an individual with a developmental disability becomes, at age 18, a legal adult.

The Guide provides information about:

- The general concepts associated with transition planning
- Some key things to think about as a child with a developmental disability approaches his or her 18th birthday
- An outline of the major planning steps associated with Transition
- Additional resources for individuals and families

The Guide does not provide all of the specific information that may be needed by a particular family in addressing all of the possible circumstances, or situations, that they may face. Families are encouraged to use other resources, some of which are listed at the end of the Guide.

The hardest years in life are those between birth and eighty
Helen Hayes

This Guide was originally developed in conjunction with many parents from across Central Alberta. These parents all indicated that the Guide should strongly emphasize the importance of individual and family choices in all aspects of a person's life.

As such, the guide is written as if speaking to parents and wording used is intended to be

supportive of individuals and families. Any occasions where a reader may feel there is undue emphasis on 'services', or where the role of individuals or families is not given sufficient emphasis are unintended and inadvertent.

Comments about this Guide or suggestions for changes that could make it more useful are welcome.

Please send your feedback to:

A Parents Guide to Transition Planning
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*I like to verb words. What?
I take nouns and adjectives and use them as verbs.
Remember when 'access was a thing? Now it's
something you do. It got verbed!
Verbing weird's language.
Oh good! Maybe we can eventually make
language a complete impediment to understanding
Calvin and Hobbes*